



Upcoming School Holiday University Tours

Deakin University – All campuses
www.deakin.edu.au/student-life-and-services/events/campus-tours

Latrobe University - Bendigo

Bendigo Talk & Tours | April 17 – 20 | La Trobe University

Monash University – All campuses

www.monash.edu/discover/events/campus-experience

UNIVERSITY EARLY ENTRY PROGRAMS

Latrobe ASPIRE (Based on Year 11 Results)

www.latrobe.edu.au/study/aspire/year-11-conditional-entry

Charles Sturt Advantage

<https://study.csu.edu.au/study-options/pathways/charles-sturt-advantage>

UNIVERSITY INFORMATION SESSIONS



Discover Medicine

Wednesday March 29th 5:00pm – 6:00pm Online

Discover what it's like to study medicine at Monash. Join us to hear first-hand from our teaching staff and current students about their experiences.

Visit:

www.monash.edu/discover/events/course-information/discover-medicine

Discover Pharmacy & Pharmaceutical Science

Wednesday March 29th 6:00pm - Online

Discover why studying pharmacy or pharmaceutical science at the world's #1 school for pharmacy and pharmacology should be your first choice. In a rapidly growing pharmaceutical industry, our graduates are in demand. You'll be part of an integral health team, playing a vital role in improving public health or a team of innovators, creating and advancing new and existing medicines.

Visit:

www.monash.edu/discover/events/course-information/discover-pharmacy-and-pharmaceutical-science-at-monash

Monash | Regional Student Experience – Session One: Introduction to University Q & A

Thursday March 30th 5:00pm - Online

Monash students from regional backgrounds will share their journeys from secondary school to Monash University, giving an overview of their experiences and where their degree is taking them.

To Register Visit:

https://monash.zoom.us/webinar/register/WN_OnRdMYuDQnu0SvG55H9X2w

Victoria University School Holiday Program Talk it Out!



**VICTORIA
UNIVERSITY**

**Thursday April 20th, 11:00am – 2:00pm
Footscray Campus**

This event is aimed at helping Year 11 and 12 students to manage the challenges and pressures that come with academic demands, and to provide valuable resources for managing their mental health.

At Talk it Out, students will have the chance to engage in discussions with mental health professionals who specialize in supporting young adults. Our breakout sessions will cover topics such as stress management, building resilience, and maintaining a healthy balance between academic and personal life. In addition, students will hear from engaging and inspiring guest speakers and participate in interactive activities that promote well-being. Plus, lunch will be provided!

To Register Visit:

<https://study.vu.edu.au/holiday-program-2023>

CAREER EXPOS



**Thursday 4th, 5th & 6th MAY 9am – 3pm
Caulfield Race Course**

Visit:

www.vceandcareers.com.au

OTHER INFORMATION SESSIONS

ADF | Engineering Careers Information Session



Wednesday March 29th 6:00pm – 8:00pm Online

Consider an Engineering career in the Navy, Army or Air Force and keep Defence weapons, vehicles, aircraft, ships and infrastructure operating safely and effectively. Join us for an info session and speak with current serving military personnel to hear about their own experiences and advice.

To Register Visit:

www.defencejobs.gov.au/events/events-detail/56sp508

APPRENTICESHIPS & TRAINEESHIPS



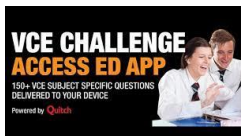
Hear from three real-life STEM professionals who've kickstarted alternative study pathways via VET opportunities. University is great for some, but apprenticeships and traineeships combine the best of both worlds! You get to work on-the-job, learning and earning a wage – and in some cases, the government will even cover your training fees.

Meet network design operative Kirsty Penney, diesel mechanic apprentice Lucas O'Sullivan and structural draftsman Saverio Vasapollo.

Watch the recorded Webinar here:

<https://careerswithstem.com.au/apprenticeship-webinar/#gsc.tab>

STUDY SKILLS



Our new and exciting app gamifies education and makes Unit 3 & 4 VCE revision fun! Compete with your friends and earn rewards while revising wherever you are. From the first day of **Term 2** right through to the last day of term 3 approximately 150 questions will be sent directly to your device on a weekly basis. Each question has been prepared by our team to correspond with where you should be at in the current study design for that particular subject.

Visit:

www.accesseducation.com.au/promo/browse?pro

Here's how you can... Combine Study With Exercise



When you're feeling bogged down with school work, finding the time to balance both study and fitness can be tricky. But it's important to prioritise both, as they contribute to your wellbeing and success. To help you make the most of your time and achieve a healthy work-life balance, we've come up with three effective ways you can combine study and exercise. These methods will not only help you maintain an active lifestyle, but also improve your focus during study sessions.

Take active study breaks

Incorporate short, physical activities during your study breaks to help refresh your mind and energise your body. For instance, you could try doing a quick 10-minute yoga session, taking the dog for a short walk, or even dancing to your favourite song. These activities help increase blood flow to your brain, promoting better focus and retention when you return to your studies.

Listen to audiobooks and podcasts

Use your exercise time to listen to audiobooks or podcasts related to your studies. This allows you to absorb new information while engaging in physical activities such as jogging, cycling, or walking. Plus, the combination of exercise and learning can help enhance memory retention and make your study (or exercise) experience more enjoyable.

Start an active study group

Organise a study group with your friends that incorporates physical activities into your study sessions. For example, you could have a short discussion about a specific topic while walking or take breaks to play team sports like basketball or soccer. This approach will enable you to combine social interaction with both learning and exercise, making it more engaging and fun.

For more study and wellbeing tips visit:

<https://studyworkgrow.com.au/grow/wellbeing/>

ACCESS EDUCATION
ONLINE
VCE LECTURES
ONE DAY SALE

Friday 31st March 8:00am – 12:00pm

www.accesseducation.com.au

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